




Ethyl Acetate Fraction of *Gynura procumbens* Mitigates Hyperglycemia, Dyslipidemia, and Tissue Damage in Streptozotocin-Induced Diabetic Rats

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Abstract: Dyslipidemia is a lipid metabolism disorder frequently associated with diabetes mellitus and known to increase cardiovascular risk. Although *Gynura procumbens* has been reported to possess antidiabetic and antidyslipidemic properties, studies focusing on the specific effects of its ethyl acetate fraction remain limited. This study investigated the therapeutic potential of the ethyl acetate fraction of ethanol extract from *G. procumbens* in streptozotocin-induced diabetic rats, particularly its impact on blood glucose, lipid profiles, and histological changes in pancreatic and aortic tissues. Thirty rats were randomly assigned to six groups: normal control, diabetic control, glibenclamide, simvastatin, and extract-treated groups at 100 and 150 mg/kg body weight. After 28 days of treatment, the 150 mg/kg dose significantly reduced blood glucose by 61.3%, total cholesterol by 42.1%, triglycerides by 47.3%, and LDL by 55.0%, while increasing HDL by 6.3% compared to diabetic control ($p < 0.05$). Histological analysis demonstrated regeneration of pancreatic β -cells and improvement of vascular structure in the aorta. These findings suggest that the ethyl acetate fraction of *G. procumbens* may serve as a promising natural agent for managing diabetes and dyslipidemia.

Introduction

According to global data, the prevalence of diabetes mellitus patients with dyslipidemia worldwide was approximately 45% in 2020, with a value of 35% being recorded in Indonesia (1). Diabetes mellitus is a metabolic disorder marked by persistently elevated blood glucose levels due to impaired insulin secretion, reduced insulin sensitivity, or a combination of both (2). Similarly, dyslipidemia is defined as a disorder of lipid metabolism, characterized by elevated levels of total cholesterol, low-density lipoprotein (LDL), and triglycerides, along with reduced high-density lipoprotein (HDL) levels (3). The coexistence of these conditions increases the risk of macrovascular and microvascular complications in diabetic patients, including atherosclerosis, cardiovascular disease, nephropathy, and retinopathy (4).

In a previous study by Mulyani *et al.* (2023), *G. procumbens* (Lour.) Merr has shown effectiveness in lowering fasting blood glucose, total cholesterol, triglyceride, and LDL levels, while enhancing HDL concentrations in diabetic mouse models. Traditionally, this plant is also used to reduce body heat and treat various ailments such as diabetes, spleen disorders, kidney and heart diseases (5). Pharmacologically, it has demonstrated multiple pharmacological activities, including blood glucose-lowering, antihyperlipidemic, hepatoprotective, antimicrobial, and

antihypertensive effects (6).

Phytochemical investigations conducted by Jobaer *et al.* (2023) on the methanolic extract of *G. procumbens* leaves identified several key bioactive compounds, including lupeol, β -amyrin, stigmasterol, phytol, friedelanol acetate, and a mixture of stigmasterol and β -sitosterol (7). Notably, phytol and friedelanol acetate were reported in this species for the first time. These compounds belong to classes of triterpenoids and sterols, which are known to contribute to antioxidants, antihyperlipidemic, and antidiabetic properties through modulation of insulin signaling and lipid metabolism. Numerous studies have indicated that streptozotocin (STZ), a compound derived from *Streptomyces achromogenes*, possesses broad-spectrum antibiotic activity and is commonly employed to induce experimental models of diabetes mellitus due to its selective cytotoxicity toward pancreatic β -cells (8).

Previous studies have demonstrated that *G. procumbens* effectively reduced fasting blood glucose, total cholesterol, triglycerides, and LDL levels while elevating HDL concentrations in streptozotocin- and alloxan-induced diabetic models, thereby confirming its potential as an antidiabetic and antidyslipidemic agent (9, 10).

Despite these promising findings, most studies to date have utilized crude ethanol extracts, with limited exploration

of specific solvent fractions that may yield higher concentrations of active constituents. Among these, the ethyl acetate fraction is of particular interest due to its ability to isolate semi-polar compounds, including flavonoids with known antidiabetic and antidyslipidemic properties (11, 12). Furthermore, there is a scarcity of *in vivo* studies examining the histological effects of this fraction on pancreatic and aortic tissues, which are critical in understanding tissue-level protection and regeneration.

This study investigates the antidiabetic and antihyperlipidemic potential of the ethyl acetate fraction of *G. procumbens* ethanol extract in a streptozotocin-induced diabetic rat model. The novelty of this study lies in its focus on a specific bioactive fraction, dose-response analysis, and the simultaneous assessment of biochemical markers and histopathological changes, an approach not widely reported in existing literature.

Materials and Methods

Materials

The materials used included *G. procumbens* leaves, approximately 2–3 months old, which were collected from a certified herbal garden in Subang, West Java, Indonesia, and authenticated at the Herbarium Bandungense, Universitas Padjadjaran. Ethanol 96% (Bratachem, Indonesia), ethyl acetate (Merck, Germany), and n-hexane (Merck, Germany) were used as solvents. Glibenclamide® (Actavis, Indonesia) and simvastatin® (Hexpharm Jaya, Indonesia) were used as standard drugs. Sodium carboxymethyl cellulose (Na-CMC) (Bratachem, Indonesia) was used as a suspending agent. Streptozotocin (Sigma-Aldrich, USA) was used for diabetes induction. Distilled water was obtained from the Pharmaceutical Laboratory of Universitas Bhakti Kencana. Total cholesterol and triglyceride reagents were from Proline® (Biotechnologies, Indonesia), and HDL cholesterol reagent was from Sekisui® (Sekisui Diagnostics, Japan).

Extraction and Fractionation

Fresh leaves of *G. procumbens* were washed, air-dried at room temperature (25–28 °C) for 7 days, and then oven-dried at 40 °C until a constant weight was obtained. The dried leaves were powdered using a mechanical grinder and passed through a 60-mesh sieve. The powdered simplicia was macerated with 96% ethanol (1:10 w/v) for 72 h at room temperature with occasional stirring, followed by filtration. The filtrate was concentrated under reduced pressure using a rotary evaporator at 40°C, 90 rpm, with a pressure of approximately 80 mbar. The residue was then fractionated successively with n-hexane and ethyl acetate to obtain the ethyl acetate fraction.

Antidiabetic and Antidyslipidemic Activity

Experimental Animals

A total of 30 male Wistar rats (*Rattus norvegicus*), weighing approximately 200 g and aged 2–3 months, were used in this experiment. The animals were obtained from the Faculty of Pharmacy, Bhakti Kencana University, Indonesia. Five animals were assigned to each group, selected to ensure comparable age and body weight. Male rats were chosen because of their more stable metabolic profiles compared to females. All animal handling and preparation procedures adhered to the ARRIVE guidelines and institutional ethical standards and were approved by the Study Ethics Commission of Padjadjaran University (Registration Number

2401080024).

Animals were allowed to adapt for seven days under standardized laboratory conditions (temperature 22 ± 2 °C, 12-hour photoperiod, and 55–65% humidity). To ensure reliable biochemical results, rats were fasted for 16 h before the test while water remained available.

Diabetes Mellitus Induction

Experimental diabetes was induced by administering streptozotocin intraperitoneally at a dose of 35 mg/kg body weight. The compound was prepared by dissolving the streptozotocin powder in a 0.1 M citrate buffer solution at pH 4.5. All rat groups, except for the normal control group, were treated with this dose to establish a diabetic model (8, 13). Seventy-two h post-induction, blood samples were collected from the tail veins of the rats, and glucose levels were assessed using a glucometer. Rats exhibiting blood glucose concentrations exceeding 200 mg/dL were classified as diabetic and included in the treatment phase. These animals subsequently received the test formulation orally for a duration of 28 days (14).

After confirming diabetes induction (blood glucose levels >200 mg/dL), the animals were randomly assigned to six groups (n = 5 per group): (1) normal control, (2) diabetic control, (3) glibenclamide-treated (0.65 mg/20 g BW), (4) simvastatin-treated (0.52 mg/20 g BW), (5) FEADSN 100 mg/kg BW, and (6) FEADSN 150 mg/kg BW. The two FEADSN dose levels (100 and 150 mg/kg BW) were selected based on preliminary dose-optimization studies conducted in our laboratory. All treatments were administered orally once daily for 28 consecutive days (15).

Blood Sugar Level Test

Following induction, rats received oral administration of the ethyl acetate fraction derived from the ethanol extract of *G. procumbens* leaves. Blood glucose measurements were conducted at four intervals: before induction (T0), three days post-induction (T3), and on days 14 (T14) and 28 (T28) after treatment initiation. Glucose levels were determined using a digital glucometer (GlucoDr®, Allmedicus, South Korea) by collecting a drop of blood from the tail vein and applying it to a test strip. The readings, displayed in mg/dL, were recorded manually (16).

Lipid Profile Test

Antidyslipidemia testing was performed on day 3 after induction (T0) and day 28 after treatment (T28). Blood was drawn from the orbital sinus using a microcapillary tube and was allowed to clot for 10 min. The clotted samples were subsequently centrifuged at 5000 rpm for 5 min to separate the serum. Total cholesterol levels were measured using the Cholesterol Oxidase-Peroxidase 4-Aminoantipyrine Phenol (CHOD-PAP) enzymatic method (Diasys®, Germany), while triglyceride (TG) concentrations were determined through the Glycerol-3-Phosphate Oxidase-Peroxidase (GPO-PAP) method. High-density lipoprotein cholesterol (HDL-C) was assessed using an HDL-specific reagent kit (Sekisui Diagnostics®, Japan), and low-density lipoprotein cholesterol (LDL-C) levels were calculated using the Friedewald formula. Quality control and calibration procedures were performed using 3 µL of control and calibrator solutions (Proline®, Indonesia), following the manufacturer's instructions.

Histopathology of Pancreas and Aorta

After the treatment period, the pancreas and aorta of rats

were taken for histological analysis by euthanizing the rats with CO₂ gas to make them unconscious. Subsequently, an incision was made in the abdomen to the chest. The pancreas and aorta were removed for examination. The histopathology process was carried out with paraffin, starting with washing the aorta with 0.9% Physiological NaCl, 10% formalin fixation for 48 h, dehydration with alcohol, and thin sectioning with a rotary microtome, followed by Hematoxylin and Eosin staining for the aorta and Gomori for pancreas (5, 17). Examination of the aorta includes wall thickness, lumen diameter, and aortic endothelial cell damage. Assessments are carried out to obtain accurate data.

Data Analysis

The blood glucose and lipid profile data were subjected to one-way Analysis of Variance (ANOVA), followed by Least Significant Difference (LSD) post hoc testing to identify statistically significant differences among the treatment groups. All values were reported as mean ± standard deviation (SD), and statistical significance was defined as a p-value less than 0.05.

Results and Discussions

Glucose Levels

Glucose levels were presented in **Table 1**, showing that the streptozotocin-induced group on the 3rd day experienced an increase in blood glucose levels >200 mg/dL compared to the normal group and was statistically different (p < 0.05). Normal blood sugar levels in rats ranged from 50 to 195 mg/kgBW. Subsequently, there was an increase in blood glucose levels through its working mechanism of forming free radicals. This then caused damage to pancreatic β cells and disrupted insulin production (18). In approximately 2 to 4 days, there was damage to pancreatic β-cells after administration of streptozotocin, characterized by swelling of the pancreas and degeneration of β-cells of the islets of Langerhans (19). A reduction in fasting blood glucose levels was observed on days 14 (T14) and 28 (T28) in the groups treated with the ethyl acetate fraction of *G. procumbens* leaves and the glibenclamide comparator, with the most notable effect seen at the dose of 150 mg/kg body weight. This finding demonstrated a statistically significant decline in blood glucose when compared to the diabetic control group (p < 0.05). Furthermore, the results revealed that the ethyl acetate fraction of leaves had the potential as an antidiabetic agent from flavonoid compounds to increase

insulin secretion and glucose uptake by tissues, specifically muscle and fat. A reduction in blood glucose levels was achieved through the stimulation of pancreatic β-cells. This effect was mediated by an enhancement in insulin sensitivity, which allowed cells to utilize glucose more efficiently as an energy source in rats induced with streptozotocin (20). In the glibenclamide-treated group, the reduction in blood glucose was attributed to its mechanism of action, in which insulin secretion was stimulated through the closure of ATP-sensitive potassium channels in pancreatic β-cells (21). In the glibenclamide-treated group, the reduction in blood glucose was attributed to its mechanism of action, in which insulin secretion was stimulated through the closure of ATP-sensitive potassium channels in pancreatic β-cells (21). These findings indicate that both glibenclamide and the ethyl acetate fraction of *G. procumbens* can significantly improve glucose control in streptozotocin-induced diabetic rats(22-24), yet limited data exist on the activity of its ethyl acetate fraction.

The hypoglycemic activity observed here may be attributed to flavonoid constituents such as lupeol and β-sitosterol, which have been reported to improve insulin secretion and glucose uptake by peripheral tissues (7). Our findings are in agreement with Tan H et al. (2016), who highlighted multiple pharmacological activities of *G. procumbens*, including antidiabetic potential (6).

Total Cholesterol Levels

Total cholesterol level measurements compared to the normal and streptozotocin-induced groups were more stable and had lower values (**Table 2**). Following streptozotocin administration, a significant elevation in total cholesterol levels was observed in the diabetic group when compared to the normal control (p < 0.05). A notable reduction in total cholesterol concentrations was found in the groups treated with simvastatin and the ethyl acetate fraction of *G. procumbens* ethanol extract, showing a statistically significant difference relative to the diabetic group (p < 0.05). These findings indicated the potential antidyslipidemic activity of the ethyl acetate fraction, likely attributed to its flavonoid constituents, which have been reported to inhibit the activity of HMG-CoA reductase, a key enzyme involved in hepatic cholesterol biosynthesis (25). Furthermore, this was a major enzyme in cholesterol synthesis in the liver. By inhibiting the activity of this enzyme, the production of new cholesterol could be reduced; therefore, it can reduce total

Table 1. Effect of treatments on blood glucose levels (mg/dL) in normal and diabetic rats over 28 days.

Group	Blood Glucose Level (mg/dL) (Mean ± SD)				% Increase
	T0 (mg/dL)	T3 (mg/dL)	T14 (mg/dL)	T28 (mg/dL)	
Normal	109.25 ± 9.77	108.50 ± 10.84 ^a	109.50 ± 9.43 ^a	110.75 ± 10.56 ^a	1.35
Diabetic control	103.00 ± 12.72	272.25 ± 9.53 ^b	295.50 ± 3.10 ^b	325.50 ± 16.34 ^b	79.25
Glibenclamide	116.25 ± 7.41	270.25 ± 5.79 ^b	154.00 ± 10.89 ^{ab}	111.75 ± 11.32 ^a	-56.31
FEADSN 100 mg/KgBW	101.25 ± 5.56	271.50 ± 10.66 ^b	179.00 ± 8.90 ^{ab}	129.25 ± 8.30 ^a	-34.09
FEADSN 150 mg/KgBW	106.50 ± 10.08	305.0 ± 11.97 ^{ab}	168.00 ± 5.71 ^{ab}	125.25 ± 4.11 ^a	-47.99

Note: (^a) Significantly different from the diabetic control group (p < 0.05); (^b) significantly different from the normal group (p < 0.05). T0 represents the initial blood glucose level before streptozotocin (STZ) induction at 30 mg/kg BW; T3 represents the blood glucose level 3 days after STZ induction; T14 represents the blood glucose level 14 days after administration of the test compound; and T28 represents the blood glucose level 28 days after administration of the test compound. FEADSN 1 refers to the ethyl acetate fraction of the ethanol extract of *G. procumbens* leaves at a dose of 100 mg/kg BW, while FEADSN 2 refers to the same extract at a dose of 150 mg/kg BW. The percentage change was calculated as ((T28 – T3) / T3) × 100, where positive values indicate an increase and negative values indicate a decrease.

Table 2. Effect of treatments on total cholesterol levels (mg/dL) in normal and diabetic rats before and after treatment.

Group	Average total cholesterol levels		
	T3 (before treatment)	T28 (after treatment)	% Decrease
Normal	32.25 ± 4.17 ^a	31.75 ± 4.70 ^a	- 2.30
Diabetic control	98.18 ± 11.57 ^b	108.23 ± 27.15 ^b	10.23
Simvastatin	89.10 ± 7.42 ^b	41.18 ± 6.66 ^a	-53.78
FEADSN 100 mg/KgBW	77.75 ± 9.71 ^b	48.48 ± 5.01 ^a	-37.65
FEADSN 150 mg/KgBW	79.07 ± 7.56 ^b	45.77 ± 6.80 ^a	-42.11

Note: (^a) Significantly different from the diabetic control group ($p < 0.05$); (^b) significantly different from the normal group ($p < 0.05$). T3 represents the total cholesterol level before treatment, and T28 represents the total cholesterol level after 28 days of treatment. FEADSN 1 refers to the ethyl acetate fraction of the ethanol extract of *G. procumbens* leaves at a dose of 100 mg/kg BW, while FEADSN 2 refers to the same extract at a dose of 150 mg/kg BW. The percentage decrease was calculated as $((T28 - T3) / T3) \times 100$, where negative values indicate a reduction in cholesterol levels compared with baseline.

cholesterol levels in the blood. The average total cholesterol levels in the streptozotocin-induced group indicated a significant increase. Meanwhile, the group treated with simvastatin and the ethyl acetate fraction of ethanol extract of *G. procumbens* leaves at doses of 100 and 150 mg/dL showed a decrease in total cholesterol levels. These results revealed that this fraction at a dose of 150 mg/dL could contribute well to reducing total cholesterol levels in streptozotocin-induced rats.

Triglyceride Levels

The results of measuring triglyceride levels looked at the normal group, the group that had streptozotocin-induced, and the group treated with ethyl acetate from the ethanol extract of *G. procumbens* leaves. This is shown in **Table 3**.

High triglyceride levels occurred because there wasn't enough insulin. This caused more lipolysis through a hormone-sensitive lipase in fat cells (26). When more fatty acids are released from fat cells, it could boost the production of VLDL in the liver, which has a lot of triglycerides, raising their levels in the blood. Also, people with diabetes had lower levels of lipoprotein lipase, which made lipid metabolism go down (27). No statistically significant variation was found between the effects of simvastatin and the ethyl acetate fraction of *G. procumbens*, as demonstrated by the analysis ($p < 0.05$). This indicated that a dose of 150 mg of *G. procumbens* showed a triglyceride-lowering effect almost equivalent to simvastatin. Flavonoid compounds function as HMG-CoA reductase enzymes in the liver, small intestinal mucosa, and blood. Simvastatin suppressed liver triglyceride synthesis, which

caused decreased blood triglyceride levels. Meanwhile, the disease group experienced increased triglyceride levels due to decreased HDL levels.

These findings are consistent with previous studies reporting the antihyperlipidemic potential of *G. procumbens*. Arifah et al. (2022) reviewed medicinal plants used for diabetes management in Indonesia and highlighted that *G. procumbens* significantly reduced triglyceride and total cholesterol levels in experimental models (22). Similarly, Algariri et al. (2013) demonstrated that ethanolic extracts of *G. procumbens* lowered triglycerides and improved lipid profiles in diabetic rats (24). The mechanism is thought to involve flavonoids that inhibit hormone-sensitive lipase and HMG-CoA reductase, thereby reducing VLDL production and enhancing lipid metabolism.

HDL Levels

In type 2 diabetes, dyslipidemia was defined by elevated triglyceride levels, accompanied by decreased HDL and elevated LDL cholesterol levels (28). In streptozotocin-induced rats, lipoproteins contained high concentrations of triglycerides. This caused increased transfer of cholesterol esters from HDL particles to lipoproteins, facilitated by CETP (Cholesteryl Ester Transfer Protein) (28). HDL level measurements in this study were evaluated by comparing the normal control group, the streptozotocin-induced diabetic group, the simvastatin-treated group, and the groups treated with the ethyl acetate fraction of the ethanol extract of *G. procumbens* leaves (**Table 4**). An elevation in HDL levels was detected at T3 and T28 in rats treated with simvastatin, indicating the activation of reverse cholesterol transport, a process by which HDL facilitates the movement

Table 3. Effect of treatments on triglyceride levels (mg/dL) in normal and diabetic rats before and after treatment.

Group	Average Triglyceride Levels		
	T3 (before treatment)	T28 (after treatment)	% Decrease
Normal	33.80 ± 8.16 ^a	39.40 ± 3.34 ^a	16.56
Diabetic control	106.85 ± 19.97 ^b	105.05 ± 12.28 ^b	-1.68
Simvastatin	95.43 ± 18.72 ^b	42.90 ± 14.28 ^a	-55.04
FEADSN 100 mg/KgBW	99.97 ± 17.72 ^b	52.65 ± 6.41 ^a	-47.33
FEADSN 150 mg/KgBW	92.92 ± 19.44 ^b	47.075 ± 6.10 ^a	- 49.34

Note: (^a) Indicates a significant difference from the diabetic control group ($p < 0.05$); (^b) indicates a significant difference from the normal group ($p < 0.05$). T3 represents the cholesterol level before treatment, and T28 represents the cholesterol level after treatment. FEADSN refers to the ethyl acetate fraction of the ethanol extract of *G. procumbens* leaves. The percentage change was calculated as $((T28 - T3) / T3) \times 100$, where positive values indicate an increase and negative values indicate a decrease.

Table 4. Effect of treatments on HDL levels (mg/dL) in normal and diabetic rats before and after treatment.

Group	Average HDL levels		
	T3 (before treatment)	T28 (after treatment)	% increase
Normal	20.73 ± 3.80 ^a	18.90 ± 3.67	-9.66
Diabetic control	17.40 ± 3.80 ^b	14.95 ± 1.06	-16.39
Simvastatin	13.33 ± 2.69 ^b	15.45 ± 6.27	13.75
FEADSN 100 mg/KgBW	15.45 ± 3.71 ^b	17.15 ± 2.61	9.91
FEADSN 150 mg/KgBW	14.80 ± 1.98 ^b	15.80 ± 3.74	6.33

Note: (^a) Indicates a significant difference from the diabetic control group ($p < 0.05$); (^b) indicates a significant difference from the normal group ($p < 0.05$). T3 represents the HDL level before treatment, and T28 represents the HDL level after treatment. FEADSN refers to the ethyl acetate fraction of the ethanol extract of *G. procumbens* leaves. The percentage change was calculated as $((T28 - T3) / T3) \times 100$, where positive values indicate an increase and negative values indicate a decrease.

of cholesterol from peripheral sites to the liver for metabolism. This increase was related to the elevated synthesis of apolipoprotein A-I (Apo-AI), the main component of HDL, which helped form and maintain HDL particles. Meanwhile, the fraction increased HDL function by increasing antioxidant and anti-inflammatory effects, reducing HDL damage, and increasing cholesterol efflux from macrophages to HDL (29).

Interestingly, the FEADSN 100 mg/kg group showed a higher elevation in HDL levels compared to the FEADSN 150 mg/kg group. This paradoxical finding may be explained by a non-linear, dose-dependent pharmacological response, which has been observed in several plant-derived flavonoids. At moderate doses, flavonoids can enhance reverse cholesterol transport and upregulate apolipoprotein A-I expression, leading to increased HDL concentrations. However, at higher doses, excessive antioxidant or metabolic modulation may trigger compensatory mechanisms that attenuate HDL elevation, a phenomenon often referred to as a “bell-shaped” dose-response curve.

Similar observations have been reported in a previous study noted that dietary flavonoids improve HDL metabolism and function, but highlighted that the response may plateau or diminish at higher doses (12). Al-ishaq et al. (2019) described that flavonoids exert antidiabetic and lipid-modulating effects through insulin signaling and lipid metabolism, but excessive concentrations could paradoxically impair lipid regulation (11). These findings suggest that the optimal activity of *G. procumbens* extract may occur at moderate doses rather than at higher concentrations.

Unexpectedly, the normal control group also exhibited a slight decrease in HDL levels from T3 to T28. This reduction may be attributed to physiological variations in lipid metabolism that naturally occur over time, even in healthy animals. Previous studies have reported that HDL concentrations in rodents are influenced by dietary composition, age, and stress during handling and fasting procedures (28). Moreover, Wang et al. (2012) demonstrated that streptozotocin-induced diabetic rats, as well as normal rats, may present fluctuations in tissue cholesterol and HDL levels due to metabolic adaptations (29). These findings suggest that the observed decline in HDL among the normal group may reflect natural metabolic adjustments rather than pathological changes.

LDL Levels

The results, as shown in Table 5, revealed increased levels in the group given streptozotocin induction due to the high levels of triglycerides and cholesterol in the liver in VLDL, LDL, and HDL (30). This indicated that the ethyl acetate fraction of ethanol extract of *G. procumbens* leaves could potentially reduce LDL levels in streptozotocin-induced rats, with a higher dose (150 mg) showing better effectiveness than a lower dose (100 mg). The increased LDL levels in the disease group showed a lipid metabolism disorder due to diabetes. This indicated that streptozotocin induction could significantly increase LDL levels.

A significant elevation in LDL concentrations was recorded following 28 days of intervention in the disease group ($P < 0.05$), particularly among the rats receiving simvastatin and those administered the ethyl acetate

Table 5. Effect of treatments on LDL levels (mg/dL) in normal and diabetic rats before and after treatment.

Group	Average LDL levels		
	T3 (before treatment)	T28 (after treatment)	% decrease
Normal	14.98 ± 7.42 ^a	14.85 ± 4.11 ^a	0.90
Diabetic control	59.41 ± 10.87 ^b	70.23 ± 28.62 ^b	-18.21
Simvastatin	56.69 ± 7.85 ^b	17.15 ± 11.21 ^a	69.76
FEADSN 100 mg/KgBW	42.31 ± 14.29 ^b	20.80 ± 4.66 ^a	50.85
FEADSN 150 mg/KgBW	45.69 ± 9.10 ^b	20.56 ± 7.32 ^a	55

Note: (^a) Indicates a significant difference from the diabetic control group ($p < 0.05$); (^b) indicates a significant difference from the normal group ($p < 0.05$). T0 represents the initial cholesterol level after streptozotocin (STZ) induction at 35 mg/kg BW; T3 represents the cholesterol level before treatment; and T28 represents the cholesterol level after treatment. FEADSN refers to the ethyl acetate fraction of the ethanol extract of *G. procumbens* leaves. The percentage decrease in LDL was calculated as $((T3 - T28) / T3) \times 100$, expressed as positive values, where higher percentages indicate greater reductions in LDL levels.

Table 6. Effect of treatments on the islet area of Langerhans (mm²) in normal and diabetic rats.

Group	The Islets Area of Langerhans (mm) ²	Total	
		α Cell	β Cell
Normal	5.31 ± 1.60 ^a	47.00 ± 12.49 ^a	130.20 ± 53.15 ^a
Diabetic control	2.33 ± 1.04 ^b	17.80 ± 6.30 ^b	49.40 ± 15.17 ^b
Glibenclamide	4.44 ± 1.31 ^a	14.0 ± 6.96 ^b	103.60 ± 25.61 ^a
FEADSN 100 mg/KgBW	2.64 ± 0.60	17.40 ± 16.06 ^b	99.20 ± 14.44 ^a
FEADSN 150 mg/KgBW	3.13 ± 1.01	20.00 ± 9.40 ^b	112.20 ± 12.79 ^a

Note: (^a) Indicates a significant difference from the diabetic control group (p < 0.05); (^b) indicates a significant difference from the normal group (p < 0.05). The islet area includes measurements of α-cells, β-cells, and total pancreatic islet area. FEADSN refers to the ethyl acetate fraction of the ethanol extract of *G. procumbens* leaves at doses of 100 mg/kg BW and 150 mg/kg BW, respectively.

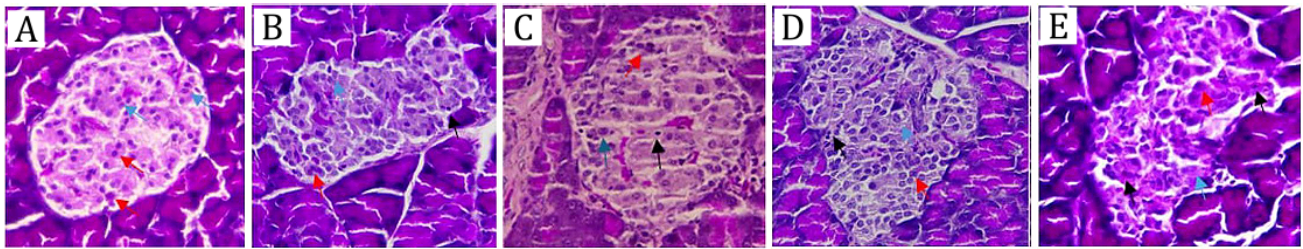


Figure 1. Histopathological analysis of pancreatic tissue (400x, Gomori staining). Representative sections show: (A) Normal group, (B) Diabetic control, (C) Diabetic + glibenclamide, (D) Diabetic + FEADSN 100 mg/kg, and (E) Diabetic + FEADSN 150 mg/kg. Scale bar = 50 μm. Red arrows indicate α-cells, blue arrows indicate β-cells, and black arrows indicate necrotic areas.

fraction of *G. procumbens* ethanol extract at both 100 and 150 mg/kg BW. Furthermore, there was a decrease in the test group simvastatin, which functioned as a competitive inhibitor of HMG-CoA reductase enzyme, accelerating cholesterol production. Simvastatin reduced cholesterol synthesis in the liver by blocking this enzyme, thereby reducing LDL cholesterol levels in the bloodstream (31). FEADSN was rich in flavonoid compounds that could reduce LDL levels. Flavonoids operate by inhibiting LDL oxidation, increasing lipid metabolism, and reducing inflammation in the body (12).

Histopathology of Pancreas

Histopathological examination was conducted on pancreatic tissues obtained from streptozotocin-induced experimental rats to assess the effects of administering the ethyl acetate fraction of *G. procumbens* ethanol extract. The evaluation focused on determining improvements in pancreatic structure by observing the cellular density within the islets of Langerhans. From the results shown in **Table 6**, A marked reduction in the islets of Langerhans area, as well as in the number of α and β cells, was observed in the streptozotocin-induced group when compared to the normal control (32). However, improvement was noted in the group treated with the ethyl acetate fraction of *G. procumbens*, particularly at the dose of 150 mg/kg BW, where the number of β cells approached values similar to those observed in the normal group (**Figure 1**). These results revealed that administering the fraction could improve pancreatic structure and increase the number of β cells, which played an important role in insulin production.

Similar protective and regenerative effects of *G. procumbens* on β-cells have been reported in earlier studies. Algariri et al. (2013) observed that ethanolic extracts of *G. procumbens* improved pancreatic histoarchitecture in

diabetic rats (24). Jobaer et al. (2023) further identified bioactive compounds such as lupeol and β-sitosterol that may contribute to β-cell regeneration via antioxidant and anti-apoptotic mechanisms (7). Comparable findings were also highlighted by Tan et al. (2016), who emphasized the plant’s potential in preserving pancreatic function in metabolic disorders (6).

Histopathology of the Aorta

The histopathological analysis of the aorta (**Figure 2**) revealed that the normal control group exhibited intact endothelial and smooth muscle layers, while the diabetic control group showed marked structural disruption, including irregular arrangement of vascular smooth muscle cells, endothelial damage, and prominent vacuolization. These pathological changes are consistent with vascular injury commonly observed in diabetic conditions, which is often associated with increased LDL oxidation and subsequent foam cell formation (33).

Treatment with simvastatin and the ethyl acetate fraction of *G. procumbens* improved the vascular architecture, with the 150 mg/kg BW dose showing the most notable effect. Minimal vacuolization and restoration of smooth muscle integrity were observed, suggesting that the fraction protects against oxidative stress and lipid peroxidation-induced vascular injury. These findings are in line with previous reports demonstrating that *G. procumbens* exerts vasculoprotective and antihyperlipidemic effects through flavonoid-mediated antioxidant and anti-inflammatory mechanisms (6, 7)

Comparable evidence from streptozotocin-induced diabetic models showed that hypertriglyceridemia promotes endothelial dysfunction and accelerates atherogenesis via

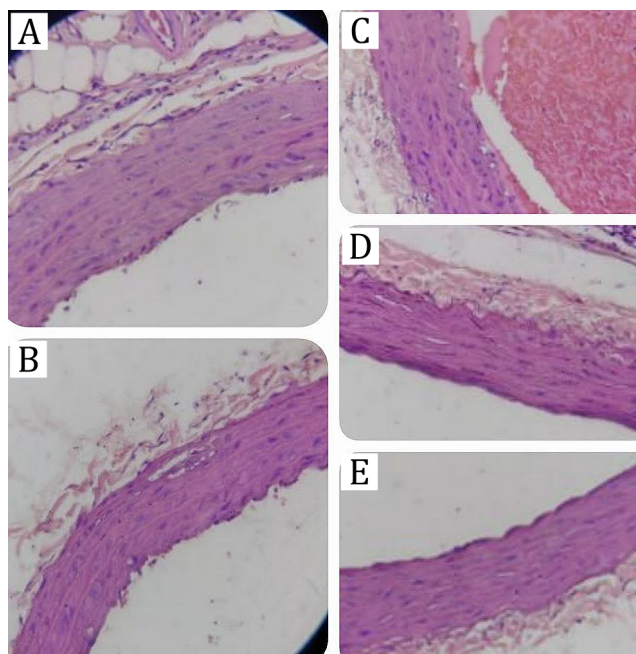


Figure 2. Histopathological analysis of rat aortic tissue (400 \times , H&E staining). Representative cross-sections of the aorta stained with hematoxylin and eosin (H&E) showing: (A) Normal group, (B) Diseased group, (C) Diseased + simvastatin, (D) Dyslipidemia + FEADSN 100 mg/kg, and (E) Dyslipidemia + FEADSN 150 mg/kg. Scale bar = 50 μ m.

foam cell accumulation (29, 30). By reducing triglyceride and LDL levels, the ethyl acetate fraction of *G. procumbens* may limit LDL oxidation and subsequent macrophage uptake, thereby preventing vascular degeneration. Collectively, these results support the hypothesis that *G. procumbens* at an optimal dose not only modulates lipid metabolism but also confers direct histological protection to vascular tissues.

Conclusion

In conclusion, the ethyl acetate fraction of *G. procumbens* leaves demonstrated significant antidiabetic and antidyslipidemic effects in streptozotocin-induced diabetic rats. Treatment, particularly at the 150 mg/kg body weight dose, effectively reduced blood glucose, total cholesterol, triglyceride, and LDL levels, while enhancing HDL concentrations. Moreover, this fraction contributed to histological improvement by reducing vacuolization in the aortic tunica media and promoting pancreatic islet recovery, notably through regeneration of insulin-secreting β -cells. These findings highlight the potential of the ethyl acetate fraction of *G. procumbens* as a promising natural therapeutic candidate for the management of diabetes and its associated dyslipidemia.

Abbreviations

FEADSN = Ethyl Acetate Fraction of Ethanol Extract of *G. procumbens*, STZ = Streptozotocin, LDL = Low-Density Lipoprotein, HDL = High-Density Lipoprotein.

Declarations

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Conflict of Interest

The authors declare no conflicting interest.

Data Availability

All relevant data supporting the findings of this study are included within the manuscript.

Ethics Statement

All experimental procedures involving animals were conducted in accordance with the ethical standards for the care and use of laboratory animals. The study protocol was reviewed and approved by the Institutional Animal Care and Use Committee (IACUC) of Padjadjaran University with Registration Number 2401080024. Efforts were made to minimize animal suffering, and the number of animals used was kept to the minimum necessary to achieve statistical significance.

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Additional Information

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